

News Light

A publication of Eastern Maine Electric Cooperative

Volume 2024 Issue 4 (800) 696-7444 P O Box 425 Calais, ME 04619 www.emec.com (207) 454-7555 June 2024

EMEC Linemen Apply Life-Saving Measures

EMEC CEO: “The actions of all the linemen were exceptional...”

Eastern Maine Electric is always proud of its line workers and the work they do. Sometimes, however, they go above and beyond the call of duty. Such was the case on Friday, May 10th.

That afternoon, EMEC linemen Andy Chambers and Clay MacArthur

were on their way back to their shop, when they passed a local resident’s home. They saw someone seemingly asleep in a vehicle at the end of the driveway.

They turned the bucket truck around and went back, where they found the resident unresponsive, with the vehicle’s engine racing. The

driver’s foot was on the gas pedal, but the vehicle was in neutral. MacArthur called 9-1-1 to get paramedics on their way, and then they removed the driver from the vehicle.

The 9-1-1 dispatcher asked the linemen if they had an AED, an Automated External Defibrillator. While Chambers got the unit out, MacArthur began CPR. Then they alternated between applying CPR and using the AED until first responders arrived.

Speaking about it later, Chambers
(continued on page 2)

EMEC 2024 Annual Meeting: WCCC, Calais, July 20th

Eastern Maine Electric’s 2024 Annual Meeting will be held on Saturday, July 20th at Washington County Community College in Calais. Check-in will open at 11:00 a.m., with food service beginning at 11:30 a.m.

Local Food Truck Caterer East Coast BBQ will prepare this year’s food.

New England performers Cook ‘n Lamb will return again to entertain Co-op members while they eat. The Downeast duo perform a light mix of oldies and newer pop favorites. The two men are multi-talented, producing a quality of music that might sound

to listeners like a band with several more people.

On July 20th, the Business Meeting will start at 12:30 p.m. The members will hear reports on the Cooperative’s progress and the challenges ahead.

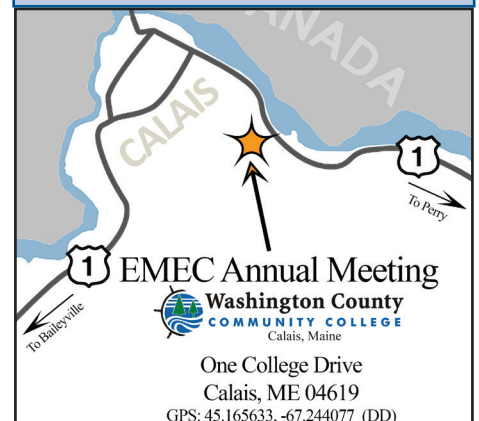
During the business meeting, twenty or more prizes are drawn from the names of those present in person. The event’s two grand prizes of \$500 cash, however, can be won by anyone checked in at the meeting, whether they are still present in person or not, and whether they attended in person or by proxy.

(continued on page 4)

2024 EMEC Annual Meeting

Washington County
Community College
Saturday, July 20, 2024

Check-In opens:	11:00 a.m.
Meal Service:	11:30 a.m.
Business Meeting:	12:30 p.m.
Music by Cook ‘n Lamb	
Food from East Coast BBQ	



EMEC Linemen Apply Life-Saving Measures

(continued from page 1)

and MacArthur commended the first responders. “It was no time, and the Oakfield first responders were there, and then the Island Falls ambulance got there,” said Chambers. If the others had not arrived as fast, he said, the outcome might have been different.

The linemen down-play the importance of their own actions. “There’s linemen all over the country that do this every day,” said MacArthur, who is himself a first responder.

In fact, within the past few weeks, other EMEC linemen have been involved in at least two other emergencies. One involved putting out a vehicle fire. In the other incident, linemen in another bucket truck came across a scene where CPR was being given to a person. These linemen also performed CPR and administered aid. (The person in this case did not survive.)

EMEC Linemen receive regular safety training, which includes CPR and other methods of first aid. The training is intended to keep linemen safe, and to help them care for each other if accidents happen. In recent weeks, however, they have applied those skills to help others.

“The actions of all of the linemen were beyond exceptional,” said the Cooperative’s Chief Executive Officer, Scott Hallowell. “The Board of Directors and I are extremely proud of them.”



*Eastern Maine Electric Co-op
is an equal opportunity
provider and employer*

Four Signs That a Call, Text or Other Contact May Be a Scam

While internet and phone scams are nothing new, the problem seems to get worse each year. Even the Maine Public Utilities Commission (MPUC) is not immune. In May, the MPUC issued a warning that some Maine utility customers have reported calls from scammers falsely claiming they are from the MPUC.

Scams are no longer limited to phone calls and emails. These days, any point of electronic contact might be used to defraud consumers. Text messages, QR codes, smart device apps, fake websites, social media, and artificial intelligence have all been used to deceive consumers.

Despite the wide variety of communication channels available, most scams have several elements in common. The Federal Trade Commission offers four red flags to watch for in all your online and telephone contacts.

1. Pretense:



Scammers pretend to be someone they think you will believe: an authority, friend, family member, or just someone with a familiar name.

2. Problem (or Prize):



Scammers need to convince you to lower your guard, and the best way to do that is to say there is a problem or a prize opportunity that needs your immediate attention.

3. Pressure:



Scammers know that if you have time to think, you may see through their lies. They will apply emotional pressure, warning of bad outcomes if you don't act immediately.

4. Payment:



Ultimately, all scammers are after money. They may demand it upfront, or they may ask you to compromise your privacy by giving them personal details they can use for identity theft.

Protect yourself by always practicing caution, regardless of whether something seems wrong with the call or the digital contact.

- Unless you initiated the call or contact, don't give out personal information, such as date of birth.
- If a request for payment is unexpected, or seems suspicious, end the conversation and contact the company using a verified phone number from a recent bill or the company's website.
- Resist the pressure to act right that second. Honest companies may give you a deadline, but they will understand your need to confirm the validity of the call.
- Never pay any one who insists on payment with cryptocurrency, payment apps, wire transfer services, or gift cards. Legitimate companies should also have more traditional options for payment.
- Stop and talk to someone you personally trust. If you have the slightest doubt, talking it through with someone you trust could help you figure out why something seems wrong.
- You can help other consumers by reporting the fraud or attempted fraud to the Federal Trade Commission at

www.ReportFraud.ftc.gov.

FEDERAL TRADE COMMISSION
PROTECTING AMERICA'S CONSUMERS



EMEC to Hold Three Update-and-Enter Prize Drawings for \$100 Account Credits

First Drawing to Take Place at the Annual Meeting

This summer, Eastern Maine Electric will give each of three lucky members a \$100 account credit. Entry in each of three prize drawings is free for members who send updated or confirming contact information by the deadlines. The first deadline is Wednesday, July 17th. The first drawing will take place at the Cooperative's 2024 Annual Meeting on July 20th.

Only one entry will be accepted per member, but that entry will be included in all of the drawings for which it meets the deadlines. EMEC employees and board members, as well as their cohabitants, are not eligible for these drawings.

To update your contact information and enter the drawings, clip and complete the orange form to the right, and return it via postal mail. Or you can complete an online version of the form at:

www.emec.com/update-and-enter.



Update and Enter

Prize Drawing(s) for a \$100 Account Credit



Members of Eastern Maine Electric who update their contact information will be entered in up to three upcoming prize drawings, depending on how early their entry is received (see rules below). The first drawing will take place at the 2024 Annual Meeting on July 20th, but members need not attend the meeting to enter this drawing.

Print Name: _____

Account#(s) _____

Service Address (E-911): _____

Primary Phone: _____

Secondary Phone: _____

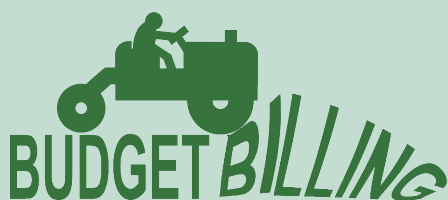
Email Address: _____

Check here if you have NOT already signed up for SmartHub, EMEC's online account portal, and if you would like us to email you a signup link at the email address above. (Following the emailed link would only require you choose a password.)

Drawing Deadlines:

The first prize deadline is Wednesday, July 17th for the drawing to take place July 20th at the 2024 Annual Meeting. Entries received by July 17th will be entered in all three of the upcoming drawings.

<u>Drawing#</u>	<u>Deadline for Receipt of Entry</u>	<u>Drawing date</u>
1	Wednesday, July 17, 2024	July 20, 2024
2	Wednesday, August 7, 2024	August 9, 2024
3	Friday, September 6, 2024	September 9, 2024

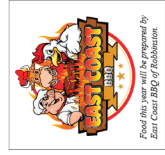


June is signup month for Budget Billing!

Smooth out winter electric bills by spreading the cost over all twelve months. Sign up by calling the billing department or visiting our website at:

www.emec.com/budget-billing

**Alert EMEC Linemen
Apply Life-Saving Measures**
Page 1



**EMEC 2024 Annual
Meeting: WCCC July 20th**
Page 1

**Four Signs That a Call, Text
or Other Contact May Be a
Scam**
Page 2



**EMEC to Hold Three
Update-and-Enter Prize
Drawings for \$100 Credits**
Page 3

2024 Annual Meeting July 20th at WCCC

(continued from page 1)



More detail on this year's Annual Meeting will be mailed to all Co-op members with the official meeting notice by July 10, 2024. For additional



updates about the 2024 Annual Meeting, visit the Co-op's website at:

www.emec.com/Annual_Meeting.

Annual Meeting Express Check-In

Co-op members planning to attend the Annual Meeting are invited to take advantage of Express Check-In. This option lets the Cooperative know ahead of time who plans to be there.

Employees can then check memberships and prepare welcome packets ahead of time, which makes for less waiting and shorter lines for everyone attending the Annual Meeting.

On the day of the Annual Meeting, those who have used Express Check-In can simply stop by the Express Check-In table and receive pre-assembled welcome packets, which include meal tickets, welcome gifts, and entry in the prize drawings.

Express Check-In is not required, but those who take advantage of this option will help everyone involved with the meeting: themselves, other attendees, and the meeting planners:

An Express Check-In form is included on this page for clipping out and mailing. Members can also use Express Check-In online at:

www.emec.com/express.



Express Check-In Form for EMEC Annual Meeting July 20, 2024

Print Name: _____

Street Address (E-911): _____

Phone Number (Required): _____

Email Address: _____

Account# _____ Date sent: _____

Number of adults attending with you (please count yourself as one).

Number of children aged ten and under who will be attending with you.